

בית יעקב  
Beth Jacob Congregation

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# **HIGH HOLY DAYS HOME OBSERVANCE GUIDE**

***Blessings***

***Customs***

***Candle Lighting Times***

# Rosh Hashanah at Home

Sundown, Sunday, September 25 through sundown Tuesday, September 27, 2022

## Tzedakah

We enter the New Year conscious of our blessings and our obligation to share them. We give tzedakah with intention:

Dear God, help us to turn –  
from callousness to sensitivity, from hostility to love,  
from pettiness to purpose, from envy to contentment,  
from carelessness to discipline, from fear to faith.  
Turn us around, O God, and bring us back toward You.  
Renew our lives, as at the beginning.  
And turn us toward each other, God, for in isolation there is no life.  
~Jack Riemer (Mahzor Hadash)

## Festival Candles

As with Shabbat and festivals, Rosh Hashanah begins each night with the lighting of yomtov candles and saying the blessing over the candles. Light festival candles at home on Sunday before 6:46 pm and on Tuesday after 7:44 pm, reciting the following blessings:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam a-she-ri kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu le-had-lik ner shel yom tov.
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Blessed are you, Adonai our God, ruler of time and space,  
who has made us holy through mitzvot  
by instructing us to light the festival lights.

ברוך אתה ה' אלקינו מלך העולם, שהחינו וקיימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

It is customary to light a long-burning or yartzeit candle as well  
(without a blessing) so fire will be available to transfer for lighting  
candles on Tuesday evening or for cooking.

## Blessing Children

On Festivals, as on Shabbat, parents bless their children:

For a son:  
יְשִׁמְךָ אֱלֹהִים כְּאַפְרַיִם וּכְמִנַּשֶּׁה Ye-sim-cha E-lo-him ke-Ephraim ve ki-Menashe

For a daughter:  
יְשִׁמְךָ אֱלֹהִים כְּסָרָה רִבְקָה רָחֵל וּלֵאָה Ye-sim-ech E-lo-him ke-Sarah, Rivka, Rachel ve-Leah

For both:  
יְבָרְכְךָ ה' וְיִשְׁמְךָ; יֵאָדָה פָּנָיו אֵלֶיךָ וַיַּחַנֵּךְ; יִשָּׂא ה' פָּנָיו אֵלֶיךָ וְיָשֶׁם לְךָ שְׁלוֹם.  
Ye-va-rech-e-cha Adonai ve-yish-me-re-cha.  
Ya-er Adonai pa-nav ei-le-chaviy-chu-ne-ka.  
Yisa Adonai pa-nav ei-le-cha, ve-ya-semle-cha sha-lom.

May God make you like Ephraim and Menashe /

May God make you like Sarah, Rebecca, Rachel and Leah.

May God bless you and protect you. May God's face shine toward you and show you favor.

May God look favorably upon you and grant you peace.

## Kiddush

Festive meals on Rosh Hashanah include a special Kiddush as for all festivals, using the appropriate insertions for Rosh Hashanah.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְרִי הַגֶּפֶן. Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam bo-rei p'ri ha-ga-fen.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל עָם וְהוֹמָמָנוּ מִכָּל לֶשׁוֹן, וְקִדְּשָׁנוּ בְּמִצְוֹתָיו. וְתַתֵּן לָנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה אֶת יוֹם הַזִּכְרוֹן הַזֶּה יוֹם תְּרוּעָה מְקֻרָא קֹדֶשׁ, זָכוֹר לִיצִיאת מִצְרַיִם. כִּי בְּנִבְחָרְתָּ וְאַתָּה נִזְכָּר קֹדֶשׁ מִכָּל הָעַמִּים וְדִבַּרְתָּ אֱמֶת וְקִיָּם לְעַד. בְּרוּךְ אַתָּה ה' מֶלֶךְ עַל כָּל הָאָרֶץ מִקְדָּשׁ יִשְׂרָאֵל וְיוֹם הַזִּכְרוֹן.  
Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam, a-she ba-char ba-nu mi-kol am ve-ro-me-ma-numi-kol la-shon ve-ki-de-sha-nube-mitz-vo-tav. Va-ti-ten la-nu Adonai, E-lo-hay-nu be-a-ha-vaet yom ha-zi-ka-ron ha zeh. Yom te-ru-a miik-ra ko-desh ze cherli-tzi-at mitz-ra-yim. Ki va-nu va-char-ta ve-o-ta-nu ki-dash-ta mi-kol ha-a-mim u-dvar-cha e-met ve-ka-yamla-ad. Ba-ruch a-tah Adonai me-lechal kol ha-a-retz me-ka-desh yis-ra-el ve-yom ha-zi-ka-ron.

Blessed are you Adonai our God, ruler of time and space, who creates fruit of the vine.

Blessed are you, Adonai our God, ruler of time and space, who has chosen and distinguished us by sanctifying our lives with the commandments. With love, You have bestowed on us, Adonai our God, this Day of Remembrance, a day for the shofar sound, a day for holy assembly and for recalling the Exodus from Egypt. For You have chosen us, sanctifying us among all people, and Your faithful word endures forever. Blessed are you, Adonai, ruler of all the earth, who makes the people Israel and the Day of Remembrance holy.

Conclude kiddush with this blessing:

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהָיִינוּ וְקִיָּמָנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה. Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.

Blessed are you, Adonai our God, Ruler of time and space, for granting us life, for sustaining us, and for bringing us to this moment.

## Handwashing and HaMotzi

After washing hands, recite the blessing:

ברוך אתה ה' אלקינו מלך העולם, Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam  
אשר קדשנו במצותיו, a-sher kid-sha-nu be-mitz-vo-tav,  
וצונו על נטילת ידים. ve-tzi-va-nu al ne-ti-lat ya-da-yim.

Blessed are you, Adonai our God, ruler of time and space,  
who has made us holy through mitzvot  
by instructing us to wash our hands.

Recite this blessing over two round challot:

ברוך אתה ה' אלקינו מלך העולם, Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech  
המוציא לחם מן הארץ. ha-o-lam ha-mo-tzi le-chem min ha-a-retz.

Blessed are you, Adonai our God, ruler of time and space,  
who brings forth bread from the earth.

## Apples and Honey

After the hands are washed and the blessing pronounced followed by the blessing over bread, HaMotzi, the addition of dipping apples in honey is added with the following words of blessing and meditation.

Pick up a slice of apple, dip it in honey, and say:

ברוך אתה ה' אלקינו מלך העולם, Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam  
בורא פרי העץ. bo-rei pe-ri ha-eitz.

Blessed are you Adonai, our God, ruler of time and space, who creates the fruit of the tree.

Eat the apple dipped in honey and recite this prayer:

יהי רצון מלפניך Ye-hi ra-tzon mil-fa-ne-cha,  
ה' אלקינו ואלקי אבותינו Adonai E-lo-hei-nu v'E-lo-hei a-vo-tei-nu,  
שחזש עלינו שנה טובה ומתוקה. she-te-cha-desh-lei-nu sha-nah to-vah u-me-tu-kah.

May it be Your will, Adonai our God and the God of our ancestors,  
to renew for us a good and sweet year.

On the second evening of Rosh Hashanah, many have the custom of eating a new fruit at this point in the meal, as we have said the shehechiyanu during the kiddush. The meal ends with birkathamazon, the blessing after meals, with the appropriate insertions for Rosh Hashanah.

# Yom Kippur at Home

**Kol Nidre is Tuesday night, October 4. Yom Kippur concludes at sundown Wednesday, October 5, 2022.**

Yom Kippur is the holiest and most solemn day of the year. Its central theme is atonement and reconciliation. Every act, every ritual, every observance and every prayer heightens and accentuates the meaning of the day. Yom Kippur is, therefore, the only festival during which the prohibition of work is as complete as on the Sabbath. Additional prohibitions include the abstention from eating, drinking, bathing, anointing ourselves, wearing leather soled shoes and having intimate relations.

Prior to beginning the fast of Yom Kippur, it is traditional to eat a festive meal so that one is prepared for the fast ahead.

## Tzedakah

Teshuva, tefillah and tzedakah have the power to transform the harshness of our destiny. We give tzedakah on erev Yom Kippur to accompany the work of teshuva and tefillah that we will engage in in the long day ahead. On Yom Kippur we experience our own ephemeral nature; giving tzedakah on erev Yom Kippur, we remind ourselves that nothing is truly ours. In the words of Rabbenu Yona:

I do not give of myself, not of my body and not of my property, but I give of the Holy Blessed One, for all belongs to God.

## Festival and Yartzeit Candles

It is customary to light yartzeit candles, small candles of remembrance lit for your loved ones, prior to the lighting of the yomtov candles at which time the actual observance of Yom Kippur commences.

Candles are lit as for other holidays before Kol Nidre services and no later than 7:05pm, using the following blessings:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום הכפורים.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam a-she-er kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu le-had-lik ner shel yom ha-ki-pu-rim.
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Blessed are you, Adonai our God, ruler of time and space, who has made us holy through mitzvot by instructing us to light the Day of Atonement lights.

ברוך אתה ה' אלקינו מלך העולם, שהחינו וקימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

# Blessing Children

On Festivals, as on Shabbat, parents bless their children:

For a son:

יְשִׁמְךָ אֱלֹקִים כְּאַפְרַיִם וּכְמִנַּשֶּׁה ; Ye-sim-chaE-lo-him ke-Ephraim ve ki-Menashe

For a daughter:

יְשִׁמְךָ אֱלֹקִים כְּסָרָה רִבְקָה רָחֵל וְלֵאָה ; Ye-sim-echE-lo-him ke-Sarah, Rivka, Rachel ve-Leah

For both:

יְבָרְכְךָ ה' וְיִשְׁמְרְךָ ; Ye-va-rech-e-chaAdonai ve-yish-me-re-cha.  
יֵאָדֶה! פָּנֵינוּ אֵלֶיךָ וְיַחַדְךָ ; Ya-er Adonai pa-nav ei-le-chaviy-chu-ne-ka.  
יֵשָׁאֶה! פָּנֵינוּ אֵלֶיךָ וְיִשְׁלַם לְךָ שְׁלוֹם ; Yisa Adonai pa-nav ei-le-cha, ve-ya-semle-cha sha-lom.

May God make you like Ephraim and Menashe /

May God make you like Sarah, Rebecca, Rachel and Leah.

May God bless you and protect you. May God's face shine toward you and show you favor.

May God look favorably upon you and grant you peace.

# Sukkot at Home

The first two days of chag Sukkot are sundown Sunday, October 9 through sundown Tuesday, October 11. The holiday continues for the rest of the week, concluding with Shemini Atzeret and Simchat Torah.

The third of the pilgrimage festivals, Sukkot's prominent ritual features are to build and then dwell in a Sukkah throughout the eight days and to own and bless the lulav and etrogeach day of the holiday except on Shabbat.

## Festival Candles

As with Shabbat, the first days of Sukkot begin each night with the lighting of yomtov candles and reciting the blessing over the candles. Light festival candles at home on Sunday before 6:20 pm and on Tuesday after 7:18 pm reciting two blessings.

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam a-she-er kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu le-had-lik ner shel yom tov.
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Blessed are you, Adonai our God, ruler of time and space, who has made us holy through mitzvot by instructing us to light the festival lights.

ברוך אתה ה' אלקינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

It is customary to light a long-burning or yartzeit candle as well (without a blessing) so fire will be available to transfer for lighting candles on Monday evening or for cooking.

## Blessing Children

On Festivals, as on Shabbat, parents bless their children:

ישמך אלקים כפרים וכמנשה	For a son: Ye-sim-cha E-lo-him ke-Ephraim ve-ki-Menashe
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ישמך אלקים כשרה רבקה רחל ולאה	For a daughter: Ye-sim-ech E-lo-him ke-Sarah, Rivka, Rachel ve-Leah
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יברכך ה' וישמך; יהי פניו אליך ויחנך; ישא ה' פניו אליך וישם לך שלום	For both: Ye-va-rech-e-cha Adonai ve-yish-me-re-cha. Ya-er Adonai pa-nav ei-le-chaviy-chu-ne-ka. Yisa Adonai pa-nav ei-le-cha, ve-ya-semle-cha sha-lom.
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May God make you like Ephraim and Menashe /

May God make you like Sarah, Rebecca, Rachel and Leah.

May God bless you and protect you. May God's face shine toward you and show you favor.

May God look favorably upon you and grant you peace.

## Kiddush

It is ideal to eat all meals while in the sukkah. While it is wonderful to have your own sukkah in which to dwell, it is highly encouraged to seize upon the opportunity to say the blessings of sukkah wherever possible such as in the sukkah at the shul. The kiddush said on the first two days is the kiddush for festivals using the appropriate insertions for Sukkot.

ברוך אתה ה' אלקינו מלך העולם, בורא פרי הגפן.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lambo-rei p'ri ha-ga-fen.
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ברוך אתה ה' אלקינו מלך העולם, אשר בחר בנו מכל עם ורוממנו מכל לשון, וקדשנו במצותיו, ותתן לנו יי אלהינו באהבה מועדים לשמחה, חגים וזמנים לששון, את יום חג הסוכות הזה, זמן שמחתנו מקרא קדש, זכר ליציאת מצרים. כי בנבחרת ואתנו קדשת מכל העמים, ומועדי קדשך ומחה בך ששון. הנחלתנו ברוך אתה ה', מקדש ישראל והזמנים.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam, a-sher ba-char ba-nu mi-kol am ve-ro-me-ma-numi-kol la-shon ve- ki-de-sha-nube-mitz-vo-tav. Va-ti-ten la-nu Adonai, E-lo- hay-nu be-a-ha-vaet yom hag ha-su-kotha-zeh. Z'man sim- cha-tei-nu, mik-ra ko-desh, ze-cher li-tzi-yat mitz-ra-yim. Ki va-nu va-char-ta ve-o-ta-nu ki-dash-ta mi-kol ha-a-mim, u- mo-a-deikod-she-chabe-sim-cha uv-sa-son hin-chal-ta-nu. Ba-ruch a-tah Adonai me-ka-desh yis-ra-el ve-ha-ze-ma-nim.
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Praised are you, Adonai our God, ruler of time and space, who creates fruit of the vine.  
Praised are you, Adonai our God, ruler of time and space, who has chosen and distinguished us  
by sanctifying our lives with Your commandments. Lovingly have You given us this our season  
for gladness, a day for holy assembly and for recalling the Exodus from Egypt. Thus have You  
chosen us, sanctifying us among all people, Your faithful word endures forever. Praised are  
You, Adonai, Ruler of all the earth who sanctifies the people Israel and the festivals.

## Special Sukkot Blessings

Before sitting down to drink, add the blessing for sitting in the sukkah (include this blessing each time you sit for a meal in a sukkah throughout the week of sukkot):

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו וצונו לישב בסוכה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam a-sher kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu lei-shev ba-su-kah.
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Blessed are you, Adonai our God, Ruler of time and space,  
who commands us to dwell in the sukkah.

Conclude kiddush with this blessing:

ברוך אתה ה' אלקינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, Ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

# Handwashing and HaMotzi

After washing hands, recite the blessing:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו על גטילת ידים.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam a-she- kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu al ne-ti-lat ya-da-yim.
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Blessed are you, Adonai our God, ruler of time and space,  
who has made us holy through mitzvot by instructing us to wash our hands.

Recite this blessing over two challot:

ברוך אתה ה' אלקינו מלך העולם, המוציא לחם מן הארץ.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam ha-mo-tzi le-chem min ha-a-retz.
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Blessed are you, Adonai our God, ruler of time and space,  
who brings forth bread from the earth.

The meal ends with birkathamazon, the blessing after meals, with the appropriate insertions for Sukkot.

## Lulav and Etrog

Lulav and etrog, the four species that are a prominent ritual part of our celebration, are to be held, blessed and shaken each day of the festival except for Shabbat, beginning on the first morning of Sukkot.

To bless the lulav and etrog, begin by holding the lulav with the three branches in your right hand and the etrog in your left hand, at this point with the stem on the top, the pitom (the remnant of the flower) at the bottom. Recite the following blessing:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו על גטילת לולב.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam a-she- kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu al ne-ti-lat lu-lav.
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Blessed are you, Adonai our God, ruler of time and space,  
who commands us to take hold of the lulav.

On the first occasion of blessing the lulav, add the following:

ברוך אתה ה' אלקינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

The etrog is then turned over with the stem now on the bottom, the pitom on top and together, the four species are waved in the four directions and upward and downward indicating God's presence in every corner of our world.

# Shemini Atzeret and Simchat Torah at Home

Shemini Atzeret begins sundown Sunday night, October 16; Simchat Torah concludes sundown Tuesday, October 18, 2022

These are the last two days of Sukkot, yet each has unique aspects of ritual as part of their celebrations.

Shemini Atzeret is considered by the Talmud as a 'separate' festival, thus the rituals most prominent on Sukkot, dwelling in the Sukkah and waving the lulav, are no longer part of this day. Candles are lit and a festival meal follows as with the other festival days.

## Festival and Yartzeit Candles

As with Shabbat, Shemini Atzeret and Simchat Torah begin each night with the lighting of yom tov candles. Light festival candles at home on Monday before 6:08 pm and on Tuesday after 7:06 pm, reciting two blessings:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam a-she-er kid-sha-nu be-mitz-vo-tav, ve-tzi-va-nu le-had-lik ner shel yom tov.
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Blessed are you, Adonai our God, ruler of time and space, who has made us holy through mitzvot by instructing us to light the festival lights.

ברוך אתה ה' אלקינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.	Ba-ruch a-tah Adonai, E-lo-hay-nu me-lech ha-o-lam she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-zeh.
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Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

It is customary to light a long-burning or yartzeit candle as well (without a blessing) so fire will be available to transfer for lighting candles on Monday evening or for cooking.

We say yizkor on Shemini Atzeret; many have the custom to light a yartzeit candle to remember loved ones over the holiday.

## Blessing Children

On Festivals, as on Shabbat, parents bless their children:

For a son:  
יְשִׁמְךָ אֱלֹהִים כְּאַפְרַיִם וּכְמִנַּשֶּׁה Ye-sim-chaE-lo-him ke-Ephraim ve ki-Menashe

For a daughter:  
יְשִׁמְךָ אֱלֹהִים כְּסָרָה רִבְקָה רָחֵל וּלֵאָה Ye-sim-echE-lo-him ke-Sarah, Rivka, Rachel ve-Leah

For both:  
יְבָרְכְךָ ה' וְיִשְׁמְךָ; Ye-va-rech-e-chaAdonai ve-yish-me-re-cha.  
יֵאָדֶה ה' פָּנָיו אֵלֶיךָ וַיַּחַן; Ya-er Adonai pa-nav ei-le-chaviy-chu-ne-ka.  
יֵשָׁא ה' פָּנָיו אֵלֶיךָ וְיִשְׁלַח לְךָ שְׁלוֹם Yisa Adonai pa-nav ei-le-cha, ve-ya-semle-cha sha-lom.

May God make you like Ephraim and Menashe /

May God make you like Sarah, Rebecca, Rachel and Leah.

May God bless you and protect you. May God's face shine toward you and show you favor.

May God look favorably upon you and grant you peace.

## Kiddush

Recite the festival kiddush with the appropriate insertions for Shemini Atzeret and Simchat Torah:

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam  
בּוֹרֵא פְרִי הַגֶּפֶן. bo-rei p'ri ha-ga-fen.

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam,a-she  
בָּחַר בָּנוּ מִכָּל עָם וְהוֹמָמנוּ מִכָּל לָשׁוֹן; וְקִדְּשָׁנוּ ba-char ba-nu mi-kol am ve-ro-me-ma-numi-kol la-shon ve-  
בְּמִצְוֹתֶיךָ. וְתִתֵּן לָנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה ki-de-sha-nube-mitz-vo-tav. Va-ti-ten la-nu Adonai, E-lo-  
מִוֶּעֲדֶיךָ לְשִׂמְחָה, חֲגִי שְׂמִינִי חַג הָעֲצֵרֶת הַזֶּה, זְמַן שִׂמְחָתֵנוּ hay-nu be-a-ha-vaet yom ha-she-mi-ni chag ha-a-tzer-et ha-  
יּוֹם הַשְּׂמִינִי חַג הָעֲצֵרֶת הַזֶּה, זְמַן שִׂמְחָתֵנוּ zeh. Z'man sim-cha-tei-nu, milk-ra ko-desh, ze-cherli-tzi-yat  
מִקְרָא קֹדֶשׁ, זְכוֹר לִיצִיאת מִצְרַיִם. כִּי בָנוּ mitz-ra-yim. Ki va-nu va-char-ta ve-o-ta-nuki-dash-tami-  
בְּחֻרָתְךָ וְאַתָּה קֹדֶשׁ מִכָּל הָעַמִּים, וּמוֹעֲדֵי kol ha-a-mim, u-mo-a-dei kod-she-chabe-sim-cha uv-sa-son  
הַנִּחַלְתָּנוּ בְּרוּךְ אַתָּה hin-chal-ta-nu. Ba-ruch a-tah Adonai me-ka-deshyis-ra-el  
קֹדֶשׁ בְּשִׂמְחָה ve-ha-ze-ma-nim.  
ה'; מִקְדַּשׁ יִשְׂרָאֵל וְהַזְמָנִים.

Praised are you Adonai our God, ruler of time and space, who creates fruit of the vine.

Praised are you, Adonai our God, ruler of time and space, who has chosen and distinguished us by sanctifying our lives with Your commandments. Lovingly have You given us this our season for gladness, a day for holy assembly and for recalling the Exodus from Egypt. Thus have You chosen us, sanctifying us among all people, Your faithful word endures forever. Praised are You, Adonai, Ruler of all the earth who sanctifies the people Israel and the festivals.

## She-hechiyanu

ברוך אתה ה' אלקינו מלך העולם,  
שהחינו וקיימנו והגיענו לזמן הזה.  
Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam  
she-he-che-ya-nu, ve-ki-ye-manu ve-hi-gi-anu la-z'man ha-  
zeh.

Blessed are you, Adonai our God, ruler of time and space,  
for granting us life, for sustaining us, and for bringing us to this moment.

## Handwashing and HaMotzi

After washing hands, recite the blessing:

ברוך אתה ה' אלקינו מלך העולם,  
אשר קדשנו במצותיו,  
וצונו על נטילת ידים.  
Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam  
a-she-ki-d-sha-nu be-mitz-vo-tav,  
ve-tzi-va-nu al ne-ti-lat ya-da-yim.

Blessed are you, Adonai our God, ruler of time and space, who has made us holy through  
mitzvot  
by instructing us to wash our hands.

Recite this blessing over two challot:

ברוך אתה ה' אלקינו מלך העולם, המוציא  
לחם מן הארץ.  
Ba-ruch a-tah Adonai, E-lo-hay-nu me-lechha-o-lam ha-mo-  
tzi le-chemmin ha-a-retz.

Blessed are you, Adonai our God, ruler of time and space, who brings forth bread from the  
earth.

The meal ends with birkat hamazon, the blessing after meals, with the appropriate insertions for Shemini Atzeret and Simchat Torah.

Simchat Torah incorporates the unique joy of celebrating the gift of Torah and our year of study or reading as we conclude the full cycle on this day. Once again, the evening traditionally includes a festive meal along with candle lighting and kiddush as above.