

# Shabbat Shalom

Re'eh

August 23 | 29 Av 5785

Havdalah 8:47pm

בית יעקב  
BETH JACOB  
CONGREGATION

Welcome to Beth Jacob Congregation, a Jewish community that comes together to nurture relationships with God and each other. We are a Conservative synagogue that values Torah (study), Avodah (reverential service) and Gemilut Hasadim (acts of loving-kindness). We believe every person has an equal opportunity to be part of our community regardless of age, race, ability, special needs, financial status, sexual orientation or gender identity. We're glad you've joined us this Shabbat!

Thank you to everyone who contributed to Shabbat services this week.

## Gabbaim:

Bernie Miller  
Jonathan Ehrlich  
Barb Curchack

## Davenners:

Emery Sher

## D'var Torah:

Rabbi David Thomas

## Greeters & Security:

Naften Sadoff, Eli Gottfried,  
Lisa Hoff, Mark Usem,  
Marguerite Krause

## Mashgiach: Carolyn Levy

## Kitchen Crew:

Jill & Steve Spanier, Shane and  
Rebecca Noecker, Rav Shosh  
Dworsky & Mitch Multer, Nina  
Rosenfeld

## Torah Reading

First / Kohen Aliyah  
Second / Levi Aliyah  
Third / Shelishi Aliyah  
Fourth / Revi'i Aliyah  
Fifth / Chamishi Aliyah  
Sixth / Shishi Aliyah  
Seventh / Shevi'i Aliyah  
Maftir  
Haftarah

Deuteronomy 11:26-12:10 p. 1061  
Deuteronomy 12:11-12:28 p. 1064  
Deuteronomy 12:29-13:19 p. 1068  
Deuteronomy 14:1-14:21 p. 1072  
Deuteronomy 14:22-14:29 p. 1074  
Deuteronomy 15:1-15:18 p. 1076  
Deuteronomy 15:19-16:17 p. 1080  
Deuteronomy 16:13-16:17 p. 1084  
Isaiah 54:11-55:5 p. 1085

## **Senior Rabbi:**

Rabbi Tamar Magill-Grimm  
RabbiTamar@Beth-Jacob.org

## **Executive Director:**

Sonya Rapport  
Sonya@Beth-Jacob.org

## **Director of Congregational Programming:**

Frances Fischer  
Frances@Beth-Jacob.org

## **Interim Limudim Coordinator and Rabbinic Intern**

Rimon Reches  
Rimon@Beth-Jacob.org

## **Youth and Education Coordinator:**

Marisa Goffman  
Youth@Beth-Jacob.org

## **Co-Presidents:**

Leonard Oppenheimer & Tessa Silver  
President@Beth-Jacob.org

## **Rabbi Emeritus:**

Rabbi Morris Allen

Thank you to  
**Rabbi Sharon Stiefel**  
for leading our  
congregation this  
Shabbat.

Brian Millberg  
Louis Hunter  
Natan Paradise  
Ely Sheinfeld  
Razele Hofrichter  
Giulia Girgenti  
Hannah Hofrichter  
Hannah Hofrichter  
Rabbi Shosh Dworsky

This week's kiddush is unsponsored and supported by donations made to the Kiddush Fund.

Thank you to everyone that has donated to the fund to make this kiddush possible.

If you would like to help offset costs of kiddush, please consider making a donation to the Kiddush Fund to allow Beth Jacob's kiddush tradition to continue.

## The Purpose of Kashrut

*Kashrut reminds us again and again that Jewish spirituality is inseparable from the physical.*

By Rabbi Ruth H Sohn

What do the choices that we make about what we eat reveal about who we really are? Many Jews today view kashrut as an outdated vestige of ancient Israelite practice, expanded upon by rabbinic Judaism, but no longer relevant to modern day life. However, the presentation of the prohibitions associated with kashrut in Parashat Re'eh challenges us to consider anew the purposes of kashrut.

Deuteronomy 14 tells us what animals, fish, and birds we can and cannot eat. It instructs us not to boil a kid in its mother's milk, an injunction that became the basis for the rabbinic separation between milk and meat. Parshat Re'eh, as the Torah does elsewhere, identifies the articulation of eating prohibitions as part of the Israelites' particular path to holiness: "for you are a people consecrated to your God Adonai" (Deuteronomy 14:21). What is it about these prohibitions that can make us holy? Interestingly, the prohibited foods are identified as tamei ... lachem—ritually impure "for you" (Deuteronomy 14:7, 8, 10). For this reason, it is perfectly acceptable for other people to eat them, just not for the people Israel.

Traditional and modern commentators have offered various explanations as to why particular fish, poultry, and animals are considered tahor ("ritually pure") and therefore acceptable to eat. But perhaps more important than the meaning of each of the details of the prohibitions is the simple fact that we are given a list of dos and don'ts that govern what we are to consume daily. According to the Torah, God asks that we abstain from eating certain foods, not because they are unhealthy or intrinsically problematic, but simply as an expression of our devotion. As with other chukim (laws that the rabbinic sages define as being without rational explanation), these prohibitions are like the requests of a beloved: we may not understand them, but we are, in essence, asked to follow them purely as an expression of our love. Daily, the observance of kashrut calls us back to a personal relationship with God.

The laws of kashrut offer a Jewish spiritual discipline that is rooted in the concrete choices and details of daily life — to be practiced in an area that seems most "mundane." In fact, part of the beauty of kashrut is that regardless of our age, personal interests, or geographic location, we all eat several times a day. While we may sometimes choose to dine alone, eating is almost universally enjoyed as a social activity. A spiritual discipline around eating is one that carries the clear message that spirituality is about far more than what we do in synagogue and on holidays; it extends into every area of our lives, every single day.

Kashrut reminds us again and again that Jewish spirituality is inseparable from the physical. It teaches us that Jewish spiritual practice is about taking the most ordinary of experiences — in all aspects of our lives — and transforming them into moments of meaning, moments of connection. Kashrut provides a model

# Torah Commentary

CONT.

for doing just that, around issues of food preparation and eating. It's time to cook dinner: What will we make, and how will we prepare it? Will we be driven by an empty stomach or considerations that extend beyond it as well? In these moments, kashrut can connect us to Jewish tradition, to other Jews, and to God. We are hungry and sit down for a meal, but before digging in, we recall that Jewish tradition offers us the practice of pausing for a blessing and a moment of gratitude. We may take this a step further and decide to put aside tzedakah regularly at dinnertime. This can be seen as similar to the tithing done in ancient times, as outlined in the verses immediately following the rules of kashrut in our Torah portion . Instead of just wolfing down our food and moving on to the next activity, we can learn from Jewish rituals to pause and turn the act of eating into a moment of heightened spiritual awareness.

From the time of the Torah onward, Jewish tradition teaches us that the spiritual realm encompasses all of life. Kashrut and the other Jewish practices related to eating exemplify this teaching and extend beyond themselves: they stand as daily reminders to look for additional ways to turn the ordinary into moments of deeper connection and intentionality. Every moment has the potential to be one of connection. Through other mitzvot, such as the laws governing proper speech and interpersonal ethics, as well as through the less well-known but rich Jewish tradition of cultivating middot (personal qualities such as patience and generosity in judgment), we can seek to deepen our connections with each other and with God. A Jewish spiritual discipline around eating, practiced with intention, can set us on this course every day. "You are what you eat." That is, what you choose to eat and how you choose to eat it says a lot about who you are and what kind of a life you are striving to achieve.

## Inclusivity and Accessibility During Services

We recognize the variety of needs within our community and strive to provide access to all through physical, emotional, and/or sensory accommodations. The majority of our prayers and scripture readings are conducted in Hebrew, so we invite those who do not read Hebrew to use a copy of the transliterated prayerbook (siddur) found on the table near the entrance to the sanctuary. We have large print books, braille prayerbooks, and listening devices available on the bookshelf in the lobby. There is also a sensory-friendly room just off the sanctuary with a speaker and window from which services can be experienced. Please ask the greeter near the sanctuary door if you need help locating any of these. Please reach out to our office if there are needs that aren't being met.

## Children are Welcome in our Sanctuary!



We encourage children's participation in services and love having them in our sanctuary. Older children are encouraged to lead parts of the service and/or read Torah once able to do so. Younger children are invited to carry crowns during the Torah service and are also invited to the bimah for Adon Olam each week. At the end of services they can visit the rabbi's magic tallis bag to receive a lollipop or mini bubbles. Parents, please let Rabbi Tamar know if you do not want your child to receive one of these items.



## Yahrzeit List for Week Beginning <sup>15</sup>August 23 2025 / 29 Av 5785

The seventh aliyah is reserved for those observing yahrzeits during the coming week. If you are observing a yahrzeit this week, please come forward at the seventh aliyah and give your full Hebrew name to the gabbai who will call you to the Torah. Your full Hebrew name includes your name and then ben/bat/mibeit and your parents' names or Avraham and Sarah. Please say your name loudly and clearly, so that the gabbai can hear it.

Masks are required on the bimah during the Torah service. If you do not have one, please get one from the basket by the greeter and put it on prior to coming up for an aliyah.

### August 23/29 Av

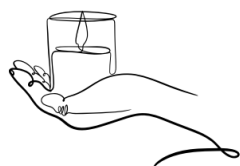
Dr. Robert Greenberg  
Leonid Pyatigorski  
Harry Weingart  
Aaron Mark

### August 24/30 Av

Alan Field  
Mildred Gershon  
Abraham Zanel Lechtman  
Maishe Steiman  
Devosa Weisberg  
Beverly Calmenson

### August 25/1 Elul

Hyman Brodsky  
Mendy Eichen  
Marty Levine  
Anna Rosenblum  
Louis Stein  
Rose Steinberg  
Sylvia Title  
Rivkah Goldberg Majer  
Morris Fenick



### August 26/2 Elul

Stella Cooperman  
Irene Dobo  
Frances Gershcov  
Evelyn Levine  
Jack Olenick  
Victor Schloff  
Betty Verson

### August 27/3 Elul

Riva Braverman  
Helen Karsner  
Lily Platt  
Isaac Vinitsky  
Nomi Dworkin

### August 28/4 Elul

Lisa Robyn Kobus  
Samuel Barnett Robins  
Alvin Sher  
Denzil Showers  
Rose Sultan  
James Weinberg  
David N. Efron  
Mary Schachtman

### August 29/5 Elul

Ardis Blumenthal  
Jennie Giller  
Joseph Katz  
Gordon Marshall  
Alice Morris  
Daryl Silver  
Gedalia Zaidenweber  
Ted Legan  
Nathan Makiesky







## TODAY at Beth Jacob

### Hereditary Cancer Risks Post Kiddush Learning

Learn with genetic counselor Colleen Worley, MS, CGC, who will share the latest information on genetic risks for breast, ovarian, and other cancers, and Connie Savitt Sandler from Sharsheret, providing support to individuals and families at risk, facing a breast cancer or ovarian cancer diagnosis or in survivorship.





Ongoing	
<p><b>For the Jew in the Pew – No Class Next Week</b>  <b>Every 1st, 3rd, and 5th Saturday 9:15 am in the Saide Chapel</b>  Join Rabbi Lynn Liberman in the Chapel for some thoughtful study of the Book of Psalms.</p>	
<p><b>Tot Shabbat First Shabbat of every month</b>  <b>10:00 - 10:30 am in The Nursery</b>  Join us on the first Shabbat of the month in the nursery for Tot Shabbat. We will have a song-filled Shabbat Morning Service for BJC's littlest ones (0-3 years old). We will then have an <u>oneg</u> and playtime for parents to schmooze and kids to play.</p>	
<p><b>Pre-Shul Playgroup–Every Friday at 10:30 am</b>  Join our open play time for young children and their caregivers. Meet in the nursery every Friday morning from 10:30am until naptime.</p>	
<p><b><u>ADULT EDUCATION:</u></b>  <b>Morning Mishnah</b>, with Rabbi Tamar Magill-Grimm  <b>Wednesdays at around 8:00 am (after minyan)</b>  in the <u>Saide</u> Chapel and online  Join on Zoom at <a href="https://beth-jacob.org/minyan">Beth-Jacob.org/Minyan</a>    <b>Tanach</b>, with David Rischall  <b>Sundays 7:30-8:30 on Zoom:</b> <a href="https://us06web.zoom.us/j/79546614386">https://us06web.zoom.us/j/79546614386</a>  Questions? Call David at 651-230-3911.    <b>Introduction to Judaism</b>, with Rabbi Cathy Nemiroff  <b>Monday evenings, starting October 20</b>  This class is a general introduction for people who are curious, considering conversion, or would like a refresher. Zoom <u>link</u> will be given to those who register. <a href="https://beth-jacob.org/intro">Beth-Jacob.org/Intro</a>    <b>Mussar</b>  <b>New Va'ad starting October 23</b>  Whether you have been part of a va'ad or you have never done Mussar, this group is for you. Learn and practice the traits of Mussar to lead a more ethical and meaningful life. Our facilitator is Gayle Zoffer, and classes will meet every other Thursday from 10-12 at Beth Jacob.    Register at <a href="https://beth-jacob.org/mussar">Beth-Jacob.org/Mussar</a></p>	  
<p><b>Shabbatluck September 5, 6:00pm</b>  Join us for Kabbalat Shabbat and stay for a pot-luck Shabbat dinner.  Register at <a href="https://beth-jacob.org/shabbatluck">Beth-Jacob.org/Shabbatluck</a></p>	

**EVENTS AND ANNOUNCEMENTS**

**Family Day at Mendakota Park**  
**Sunday, August 24, 9:30-11:30**

With summer break coming to a close, we'd like to invite Beth Jacob families with young children for a Playdate! Bring a nut-free snack to share. Contact Rachel Silva (Rachel.Sandler@gmail.com) for more information.



**Learn to Blow Shofar**

Anyone can do it! Learn how to get sound out of the shofar, and learn how to follow the caller and play all the right sounds. Then you will be ready to blow shofar for the High Holidays! Contact Sara Lynn at 651-353-6960.



**Community Selichot Service**  
**Saturday, September 13, 8:30pm**

Selichot prayers are designed to open our hearts and deepen the work of reflection and teshuva before the High Holidays.

Beth Jacob and Shir Tikvah will once again partner for a heartfelt night of learning, song, and connection, in preparation for the Days of Awe. In person at Shir Tikvah, 1360 W Minnehaha Pkwy, or on Zoom, Beth-Jacob.org/Selichot.



**Upcoming Kiddush Sponsorship Opportunities**

**September 13:** Honoring loved ones with Yahrzeits in September.

**September 27:** Honoring all of our volunteer mashgichim and kitchen crews who make our kiddushes so wonderful!

Beth-Jacob.org/Kiddush



**Judaism 101: Core Practices and Principles**  
**Taught by Rabbi Cathy Nemiroff**

For anyone seeking to better understand Jewish thought and practice, whether you are already Jewish, Jewish-curious or on the path to conversion.

Meets Mondays at 7pm at Beth Jacob, with Zoom option available.  
Starts October 27th. Register: Beth-Jacob.org/Intro

